Dr. Bidhyapati Nongthombam, Ph.D.

Assistant Professor

Department of Physical Education and Sports Science

DM College of Science, Dhanamanjuri University (DMU)

Imphal, Manipur, India



Contact & Quick Info

- **Email:** bidhy7@gmail.com
- **Phone:** +91 8793481943
- **Office Address:** Department of Physical Education and Sports Science, DM College of Science, Imphal–795001, Manipur
- **Residential Address:** Nongmeibung Ayangpalli Road, Imphal East, Manipur, India
- **Areas of Specialization:** Exercise Physiology, Youth Development, Women Sports, Sports Psychology

Biography

Dr. Bidhyapati Nongthombam is an Assistant Professor in the Department of Physical Education and Sports Science at DM College of Science, Dhanamanjuri University. She holds a Ph.D. from Sant Gadge Baba Amravati University and qualified for the UGC NET-JRF in 2013.

With over a decade of graduate and postgraduate teaching experience, her research focuses primarily on cardiac stress testing, sports infrastructure, and youth development models. Beyond academia, she has served as a Commissioned Associate NCC Officer (ANO) and is an active member of the Core Committee of the Council of Higher Secondary Education, Manipur, where she directly contributed to the National Curriculum Framework (NCF) 2023.

🎓 Academic Qualifications

- **Ph.D. in Physical Education** — Sant Gadge Baba Amravati University, Amravati (2017)
- **M.PEd. (Master of Physical Education)** — Sant Gadge Baba Amravati University (2013)
  - *Specializations:* Exercise Physiology, Sports Medicine, Sports Psychology
- **B.PEd. (Bachelor of Physical Education)** — Guwahati University (2011)
- **B.Sc. in Zoology (Honours)** — Manipur University (2010)
- **UGC NET-JRF** — University Grants Commission, New Delhi (2013)

⏳ Professional Timeline & Teaching Experience

- **Assistant Professor** | DM College of Science, Dhanamanjuri University *(November 2018 – Present)*
- **Assistant Professor** | GP Women's College, Imphal *(February 2018 – November 2018)*
- **Assistant Professor** | Sant Gadge Baba Amravati University, Amravati *(February 2017 – November 2017)*

📚 Research & Publications

Selected Publications (UGC-CARE Listed)

- Devi, S. S., & **Nongthombam, B.** (Jan 2025). "Gender And Habitat Differences In Teachers Attitudes Towards Implementing Physical Education Programmes In Government Higher Secondary Schools In Imphal West District, Manipur." ***Journal Of The Asiatic Society Of Mumbai***, ISSN: 0972-0766. *(UGC Care List Group 1)*.
- Devi, S. S., & **Nongthombam, B.** (June 2025). "Teachers Attitude Towards Physical Education In Govt. Higher Secondary Schools: A Gender Based Analysis In Imphal Valley Districts." ***IPE Journal of Management*** *(Supported by ICSSR, MoE, GoI)*, ISSN: 2249-9040.

Research Guidance

- **Ph.D. Supervisor** — Departmental Research Committee (DRC), Dhanamanjuri University.

📣 Research Presentations

International Level

- **2025:** "Exploring Current Trends in Physical Education and Sports Science: Innovations, Challenges, and Opportunities" – *3rd International Conference on Physical Education and Sports Science (ICETPESS-2025)*, Manipur University.
- **2024:** "Post Graduate Teachers Attitudes Towards The Implementation Of Physical Education Programme In Government Higher Secondary Schools In Imphal West Districts Of Manipur" – *International Conference On Physical Education And Multidisciplinary Sciences*, Panchkula, Haryana.
- **2022:** "Emerging Trends of Physical Education and Sports Science" – *Three-Day International Conference (ICETPESS)*, Manipur University.
- **2026:** "Interdisciplinary Pedagogy and Action Research: Language, Literature, Culture and Society" – *International Conference*, GP Women's College, DMU.

National Level

- **2025:** "Teachers Attitude Towards Physical Education In Govt. Higher Secondary Schools: A Gender Based Analysis In Imphal Valley Districts" – *National Conference On Innovative Approaches To Sustainability In Sports, Physical Education And Sciences*, Nagpur.

Research Profile:

ORCID iD
0000-0002-4927-3726

Researchgate: https://www.researchgate.net/profile/Bidhyapati-Nongthombam2

🛠 Professional Training & Capacity Building

Refresher & Orientation Courses

- **Twelve-Day Online Refresher Programme** on *Research Methodology and Research Academic Integrity* — UGC-MMTTC, STRIDE, IGNOU, New Delhi (2026).
- **Refresher Course in Physical Education and Sports** (*Theme: Present and Future of Sports and Physical Education*) — UGC-HRDC, BPS Mahila Vishwavidyalaya, Sonipat (2023).
- **16-Week ARPIT Refresher Course** in *Data Analysis for Social Science Teachers* — AICTE Swayam, University of Hyderabad (2019-2020).
- **3-Week Orientation Course** — 38th Orientation Programme, UGC HRDC Manipur University (2020).

Faculty Development Programmes (FDPs) & Workshops

- **5-Day National Workshop** on *Holistic Progress Card (HPC) Secondary Stage & Standardization of Question Paper Templates under Equivalence of Boards* — NCERT / PARAKH, Imphal (2026).
- **Two-week FDP & Workshop** on *Geographic Information Systems (GIS) and Remote Sensing* — Jointly organized by Manipur Technical University (MTU) & NECTAR (2025).
- **5-Day Workshop** on *Techniques of Paper Setting and Evaluation* — Council of Higher Secondary Education, Manipur (2024).
- **One-week FDP** on *Disaster Risk Reduction (DRR)* — MTU Imphal, in collaboration with the National Institute of Disaster Management (NIDM) (2024).
- **7-Day National Workshop** on *Research Methodology in Sports and Exercise Psychology* — Ministry of Youth Affairs and Sports, NSU Imphal (2019).

Extension Services & Institutional Contributions

Military Commission & NCC Leadership

- **Pre Commission Course (PRCN)** — DGNCC, NCC Officers Training Academy (OTA), Gwalior (3-Month Training, 2021).
- **Commissioned Associate NCC Officer (ANO)** (2019 – 2024).
- **NER Contingent Leader** at the *Special Ek Bharat Shreshtha Bharat – Independence Day Camp (EBSB-IDC)* celebrating India's 75th Independence Day at the DG NCC Camp, Delhi Cantt (2022).
- **Parade Management:** Supervised the official 15th August Independence Day Parade Detailments and multiple Combined Annual Training Camps (CATC).

Governance & Academic Administration

- **IQAC:** Active Member of the Institutional Quality Assurance Cell Sub-Committee (Appointed Jan 2025).
- **Policy Contribution:** Core Committee Member of the Council of Higher Secondary Education, Manipur, contributing to the state-level *National Curriculum Framework (NCF) 2023*.
- **Examining Duties:** Paper Setter, Evaluator, External Examiner, and Evaluation Squad Lead across state boards (**BOSEM / COHSEM**).

Community Outreach

- Organized institutional and societal awareness drives including environmental tree plantations and regional outreach campaigns for the *International Day Against Drug Abuse*.

Professional Memberships

- **Executive Member**, Physical Education Foundation of India (PEFI), Manipur Chapter
- **Life Member**, National Association of Psychological Science (NAPS), India

---