YENGKOKPAM DINESH SINGH

Assistant Professor | Physical Education and Sports Science



PROFESSIONAL SUMMARY

Assistant Professor in Physical Education and Sports Science with 7 years and 11 months of undergraduate and postgraduate teaching experience. Academic interests and scholarly work include sports psychology, physical fitness, physiological variables, yoga, and sports performance. Currently serving as Director of Sports In-charge.

CONTACT & PROFESSIONAL DETAILS

Department	Physical Education and Sports Science
Faculty / School	School of Human and Environmental Science
Permanent Address	Kontha Khabam, Khabam Lamkhai
Mobile	8134034441
Email	Dinesh18881y@gmail.com

ACADEMIC QUALIFICATIONS

Qualification	Year / Status
Master of Physical Education (M.P.Ed.)	2008
National Eligibility Test (NET)	2011
Ph.D.	Thesis submitted

TEACHING EXPERIENCE

Undergraduate and postgraduate teaching: 7 years and 11 months

ADMINISTRATIVE RESPONSIBILITIES

- Teacher In-charge, Games and Sports Secretaryship (2019–2024)
- Director of Sports In-charge (2025–present, as stated in the source profile)

RESEARCH PUBLICATIONS

A. Research Papers Published in Peer-Reviewed / Refereed Journals

No.	Title	Journal	Year	ISSN / Status / Publisher
1	Sports Competition Anxiety and Sports Achievement Motivation Among Football Players of Dhanamanjuri University, Manipur: A Correlation Study	Acta Scientiae	2025	ISSN 1517-4492; E-ISSN 2178-7727; peer-reviewed; Lutheran University of Brazil
2	Comparative Study of Will to Win Among Boys and Girls State Level Football Players	International Journal of Research and Innovation in Social Science	2026	ISSN 2454-6186; peer-reviewed; RSIS International
3	Effect of Yoga Practice on Body Balance and Muscular Strength Among College Students	B. Aadhar Multidisciplinary International Research Journal	2026	ISSN 2278-9308; peer-reviewed/refereed; Aadhar Publication
4	Comparative Study of Selected Physiological Variables of Yoga Practitioners and Weight Trainees of Manipur	International Journal of Economic Perspectives	2022	ISSN 1307-1637; UGC-CARE Group II (as stated in source); International Economic Society Ltd.

B. Research Papers Published in Books / Conference Proceedings

No.	Title	Publication Type / Book	Year	ISBN / Publisher
1	Comparison of Achievement Motivation, Competitive Anxiety and Will to Win Among Male and Female Lawn Tennis Players of Manipur	Chapter in Edited Book: Physical Education and its Publications	2025	ISBN 978-93-85886-21-8; Zenon Academy Publishing

ORIENTATION, REFRESHER, WORKSHOPS & TRAINING

No.	Programme	Date / Duration	Institution / Sponsoring Agency
1	Orientation Course	20 January–8 February 2020	UGC, HRDC, Manipur University

No.	Programme	Date / Duration	Institution / Sponsoring Agency
2	Refresher Course	27 January–9 February 2023 (online)	UGC, HRDC, Bhagat Phool Singh Mahila Vishwavidyalaya
3	Five-day Orientation Programme on Youth Development for NCC Officers of the North Eastern Region	27–31 October 2020 (online)	Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu
4	Five-day Workshop on Moodle Learning Management System	25–29 October 2021	Department of Electronics, DM College of Science; IQAC, DM College of Science
5	National Webinar on Olympic Movement	12 July 2021 (online)	Physical Education Foundation of India, Manipur Chapter
6	One-day Workshop on Implementation of NEP 2020	16 November 2022 (online)	UGC, HRDC, Bhagat Phool Singh Mahila Vishwavidyalaya

CONFERENCES ATTENDED / RESEARCH PAPERS PRESENTED

No.	Conference	Paper Presented	Date	Organising Institution
1	Three-Day International Conference on “Exploring Current Trends in Physical Education and Sports Science: Innovations, Challenges, and Opportunities” (ICECTPSS)	Sports Competition Anxiety and Sports Achievement Motivation among Football Players of Dhanamanjuri University, Manipur: A Correlational Study	5–7 March 2025	Department of Physical Education and Sports Science, Manipur University, Canchipur, Imphal, Manipur
2	International Conference on “Sustainable Development and Challenges in Physical Education, Sports Science and Yoga in Global Scenario”	A Comparative Study of Achievement Motivation between State-Level Table Tennis and Badminton Players	28–30 June 2024	Physical Education Foundation of India (PEFI), West Bengal Chapter, with Department of Physical Education and Yoga, University of Burdwan, West Bengal

No.	Conference	Paper Presented	Date	Organising Institution
3	Three-Day International Conference on “Advance Concepts of Physical Education and Sports Sciences: Transforming Performance, Wellness & Society” (ICAPESS)	A Comparative Study on Aggression among Different Positions of Soccer Players	25–27 June 2024	Government Degree College, Kamalpur, Dhalai, Tripura, under NAPESS in collaboration with Tripura University

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