

DR. KHOISNAM SOMIBALA DEVI

Department of Physical Education and Sports Science

DM College of Science, Dhanamanjuri University



CONTACT AND PROFESSIONAL DETAILS

Department / Center	Department of Physical Education and Sports Science, DM College of Science, DMU
Faculty / School	School of Human and Environmental Science
Address	Ningomthong Bazar, Imphal East – 795008
Mobile	8730833724
Email	somikhoisnam@gmail.com

ACADEMIC QUALIFICATIONS

Qualification	Year
Bachelor of Science (B.Sc.)	2010
Bachelor of Physical Education (B.P.Ed.)	2011
Master of Physical Education (M.P.Ed.)	2013
National Eligibility Test (NET)	2013
Ph.D.	2022

TEACHING EXPERIENCE AND RESEARCH GUIDANCE

Teaching experience: 7 years and 11 months at undergraduate and postgraduate levels.

Research guidance: 4 ongoing.

RESEARCH PUBLICATIONS

A. Research Papers Published in Peer-Reviewed / Refereed Journals

No.	Title of Research Paper	Journal	Year	ISSN / Status / Publisher
1	Gender Differences in Mental Toughness	International Journal for Multidisciplinary Research (IJFMR)	2025	E-ISSN 2582-2160; peer-reviewed/refereed; Futuristic Research Publications and Journals, Bhavnagar, India
2	Assessing the Sensitivity of Agility Field Tests to Age-Related Variations in Sepaktakraw Athletes	International Journal for Multidisciplinary Research (IJFMR)	2026	E-ISSN 2582-2160; peer-reviewed/refereed; Futuristic Research Publications and Journals, Bhavnagar, India
3	Effect of Yogic Training on Sports Competitive Anxiety Among Female and Male Boxers	Cuestiones de Fisioterapia	2025	E-ISSN 2695-7639; peer-reviewed/refereed; Editorial Médica Jims, S.L.
4	Profile of Maximal Aerobic Power and Resting Heart Rate of National Male Badminton Players	Turkish Online Journal of Qualitative Inquiry (TOJQI)	2021	E-ISSN 1309-6591; peer-reviewed international journal; Science Research Society
5	Biomechanical Analysis of Smash Angle for Optimizing Performance in Badminton	Acta Scientiae	2025	ISSN 1517-4492; E-ISSN 2178-7727; international peer-reviewed; Lutheran University of Brazil
6	Analytical Study of Depression on Physical Education Students	Acta Scientiae	2025	ISSN 1517-4492; E-ISSN 2178-7727; international peer-reviewed; Lutheran University of Brazil
7	Profile Study of Selected Motor Fitness Variables of Badminton Players	International Journal of Science, Engineering and Management (IJSEM)	2021	E-ISSN 2456-1304; peer-reviewed; Technoarete Research and Development Association
8	Role of Maximal Aerobic Power in Athletes Performance	International Journal for Innovative Research in Multidisciplinary Field (IJIRMF)	2021	E-ISSN 2455-0620; peer-reviewed/refereed; Research Culture Society and Publication
9	Cardiorespiratory Fitness of Manipur Badminton Players	Aadhunik Sahitya	Oct.–Dec. 2021	ISSN 2277-7083; UGC-CARE listed/refereed as stated in source; Vishwa Hindi Sahitya Parishad

B. Books / Conference Proceedings

No.	Title	Publication Type / Book	Year	ISBN / Publisher
1	Comparison of Maximal Aerobic Power and Vital Capacity in Junior and Senior Badminton Players	Conference proceedings / chapter in edited book: Emerging Trends of Physical Education and Sports Science	2022	ISBN 978-93-82606-09-3; International Sunmarg Publishers and Distributors, New Delhi
2	Sustainable Development in Sports, Physical and Yoga Education – Volume I	Edited international e-book / book publication	2024	ISBN 978-93-5577-828-1; Khel Sahitya Kendra, New Delhi

C. Workshops And Conferences Attended / Participated

No.	Programme / Conference	Type	Date	Organising Institution / Venue and Role
1	National Workshop on Research Methodology in Sports and Exercise Psychology (with Psychological Skill Training for Performance Enhancement)	National Workshop	16–22 Jan 2019	National Sports University / Khuman Lampak Sports Complex, Imphal, Manipur — Delegate
2	Two-Day National Seminar on “Assessment of Higher Educational Institutions by NAAC: Problems & Prospects”	National Seminar	26–27 May 2018	M.B. College, Imphal — Delegate
3	One-Day State-Level Seminar on “Intellectual Property Rights”	State-Level Seminar	25 Jun 2018	M.B. College, Imphal — Delegate
4	One-Day State-Level Seminar on “Applications of GPS & GIS”	State-Level Seminar	26 Jun 2018	M.B. College, Imphal — Delegate
5	Two-Day National Seminar on “Culturo-Religious Transition Among the Native Communities of Northeast India”	National Seminar	9–10 Sep 2018	Indira Gandhi National Tribal University, Regional Campus, Manipur — Participant
6	Two-Day National Seminar on “Hinduism in Manipur”	National Seminar	26–27 Oct 2018	Center for Manipur Studies, Manipur University — Participant
7	Three-Day International Conference on “Emerging Trends of Physical Education and Sports Science (ICETPESS)”	International Conference	24–26 Aug 2022	Department of Physical Education & Sports Science, Manipur University — Paper Presenter

No.	Programme / Conference	Type	Date	Organising Institution / Venue and Role
8	Scientific International Conference on Physical Education and Allied Sciences: “Holistic Development in Sport Performance, Health & Well Being”	International Conference	27–29 Feb 2020	D.C.T.'s S.S. Dempo College of Commerce & Economics and Government College of Arts, Science & Commerce, Goa — Paper Presenter
9	Two-Day National Workshop on “Research and Publication Ethics”	National Workshop	15–16 Jan 2021	School of Education, Manipur University — Participant
10	International Conference on Sport Sciences (ICSS-21)	International Conference	19 Jun 2021	Guwahati, India — Paper Presenter
11	The Progress International Conference-IV: “Sustainable Asia’s Problems & Prospects”	International Conference	22–24 Nov 2021	Vivekanand Dnyanpeeth / Waraora’s Vivekanand Mahavidyalaya, Maharashtra — Paper Presenter
12	5 Day Workshop on “Techniques of Paper Setting and Evaluation”	Workshop	19–23 Aug 2024	Council of Higher Secondary Education, Manipur — Participant
13	International Conference on “Sustainable Development and Challenges in Physical Education, Sports Science and Yoga in Global Scenario”	International Conference	28–30 Jun 2024	University of Burdwan, West Bengal — Participant
14	5-Day Workshop on “Holistic Progress Card (HPC) Secondary Stage & Standardization of Question Paper Templates under Equivalence of Boards”	National Workshop	5–9 Jan 2026	NCERT / PARAKH, Imphal, Manipur — Participant
15	Three-Day International Conference on “Exploring Current Trends in Physical Education and Sports Science: Innovations, Challenges, and Opportunities” (ICETPESS-2025)	International Conference	5–7 Mar 2025	Department of Physical Education and Sports Science, Manipur University — Oral Presenter
16	International Conference on Contemporary Issues in Multidisciplinary Research	International Conference	26 Jul 2025	Indian Academicians and Researchers Association and Rajabhat Maha Sarakham University — Participant
17	Harmony in Action: Exploring the Intertwined Nature of Sustainability, Health, and Spirituality	International Conference	4–5 Jun 2025	Rajamangala University of Technology Krungthep, Thailand — Paper Presenter

Dr. Khoisnam Somibala Devi

Assistant Professor, Dept. of PESS